

# Familial amyloidotic polyneuropathy

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Hereditary  
transthyretin amyloidoses (ATTR)

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# Familial transthyretin amyloidosis

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*Etiology: genetically determined variants of physiological serum proteins*

	<u>Variant protein</u>	<u>Abbreviation</u>
→	transthyretin (ca. 70%)	ATTR
<u>others:</u>	Apolipoprotein-A1 u. A2	AApoA1/A2
	Fibrinogen-A $\alpha$	AFib
	Gelsolin	AGel
	Lysozym	ALys
	Cystatin C	ACys
	A $\beta$ -precursor protein	A $\beta$

# Familial transthyretin amyloidosis (ATTR)

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## History of TTR amyloidosis:

- 1949 Ostertag: „Familiäre Amyloidoseerkrankung“
- 1952 Andrade: „Peculiar form of peripheral neuropathy:  
Familial atypical generalized amyloidosis“  
*Familial amyloid polyneuropathy (FAP), „Mal dos pésinhos“*
- 1978 Prealbumin (TTR) identified as the main component
- 1983 TTR-Met30 as the first identified mutation

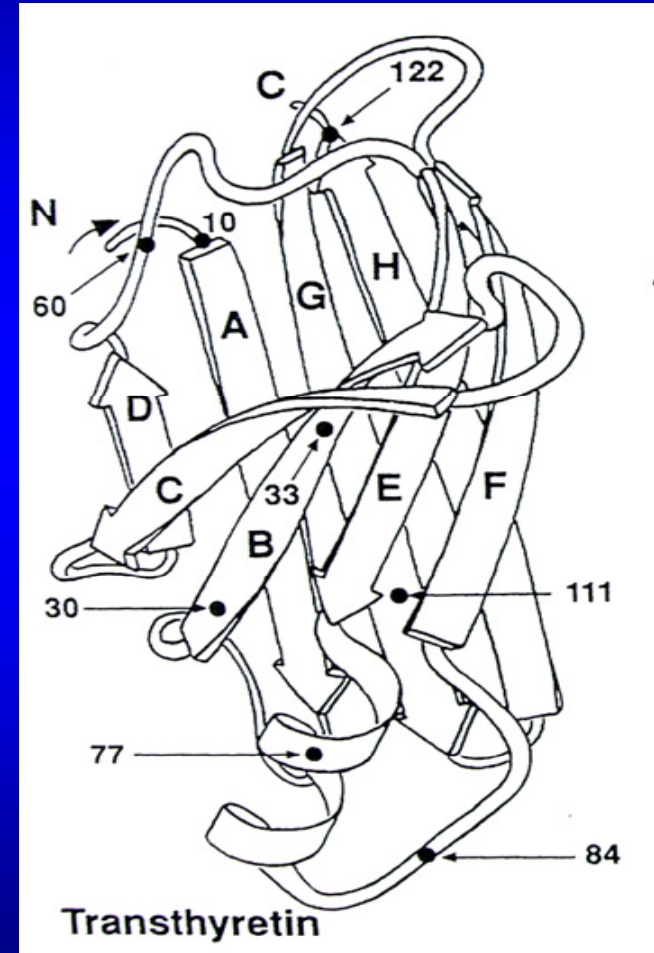
# Familial transthyretin amyloidosis (ATTR)

## TTR: structure and genetic variants

- most frequent cause of ATTR
  - over 100 mutations known,
  - mainly point mutations,
  - autosomal dominant inheritance
- 8 antiparallel  $\beta$ -chains: native protein is weakly amyloidogenic (  $\rightarrow$  SCA, SSA)
- stable tetramer binds T4 and RBP

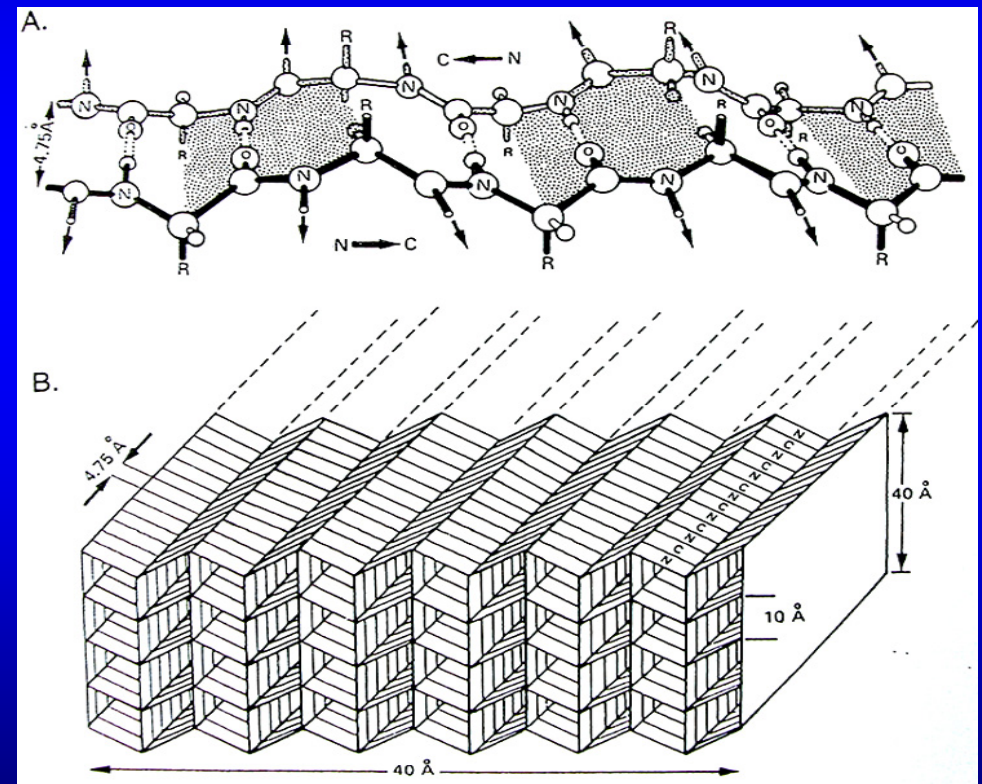
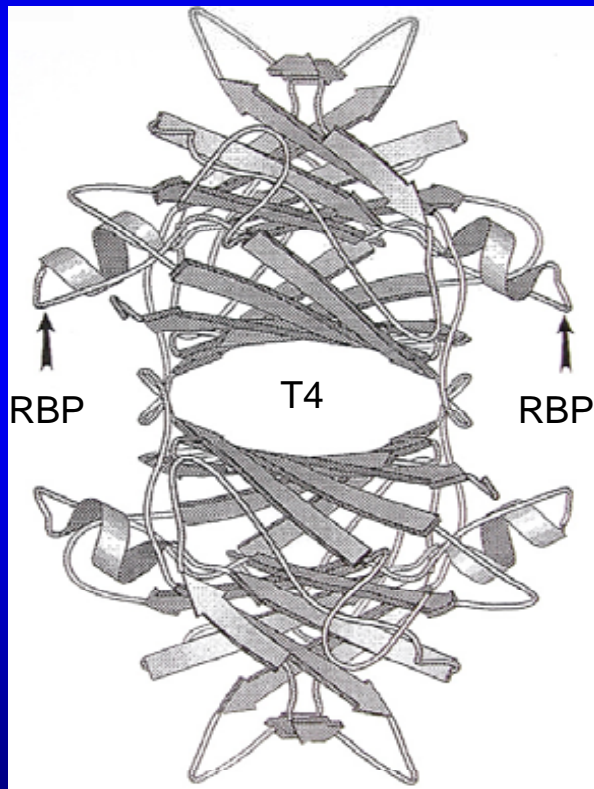
Main synthesis: liver (incretory)

Additional synthesis: retina, choroid plexus



# Familial transthyretin amyloidosis (ATTR)

## Conformational change into fibrillary protein matrix



Helix  $\longrightarrow$  (instable monomer)  $\longrightarrow$   $\beta$ -sheet

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## Clinical manifestations: organ involvement

FAP



FAC

- Peripheral nerve: polyneuropathy, CTS
- Heart: Cardiomyopathy (cardiac insufficiency, rhythm disturb.)
- Gut: diarrhea, often alternating with constipation
- Eye: various

Only heart

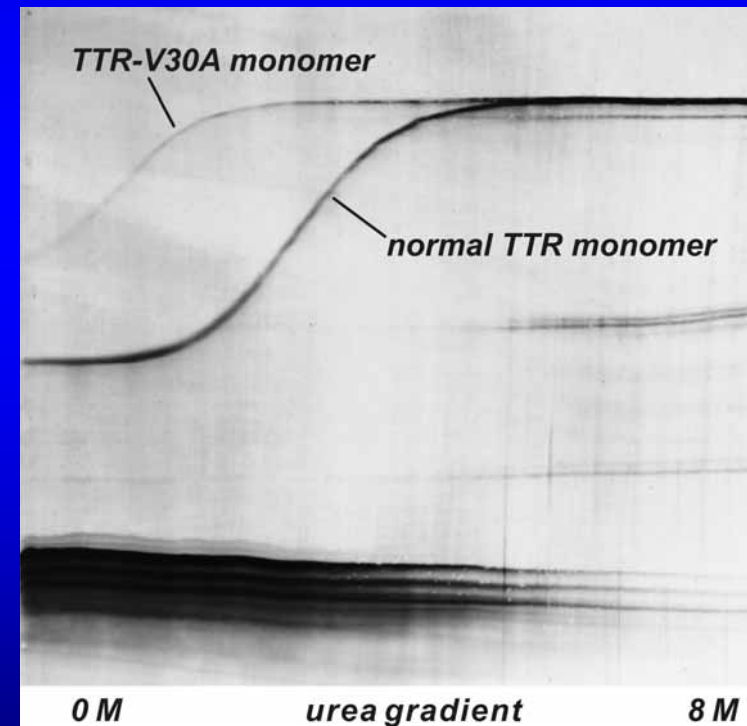
*Important:* Kidney involvement only 10 %, liver never involved!!

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## Diagnostics:

- biopsy with:
  - Congo red staining
  - immune histochemistry
- TTR electrophoresis
- molecular genetics



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Clinical particularities: two different age peaks

Peak age in Met30 mutations:

early onset (Portugal): 30-40 (33,5) yrs

late onset (Sweden): 50-60 (56,7) yrs !

*In single cases as late as 78 yrs!*



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## Clinical particularities : isolated cases

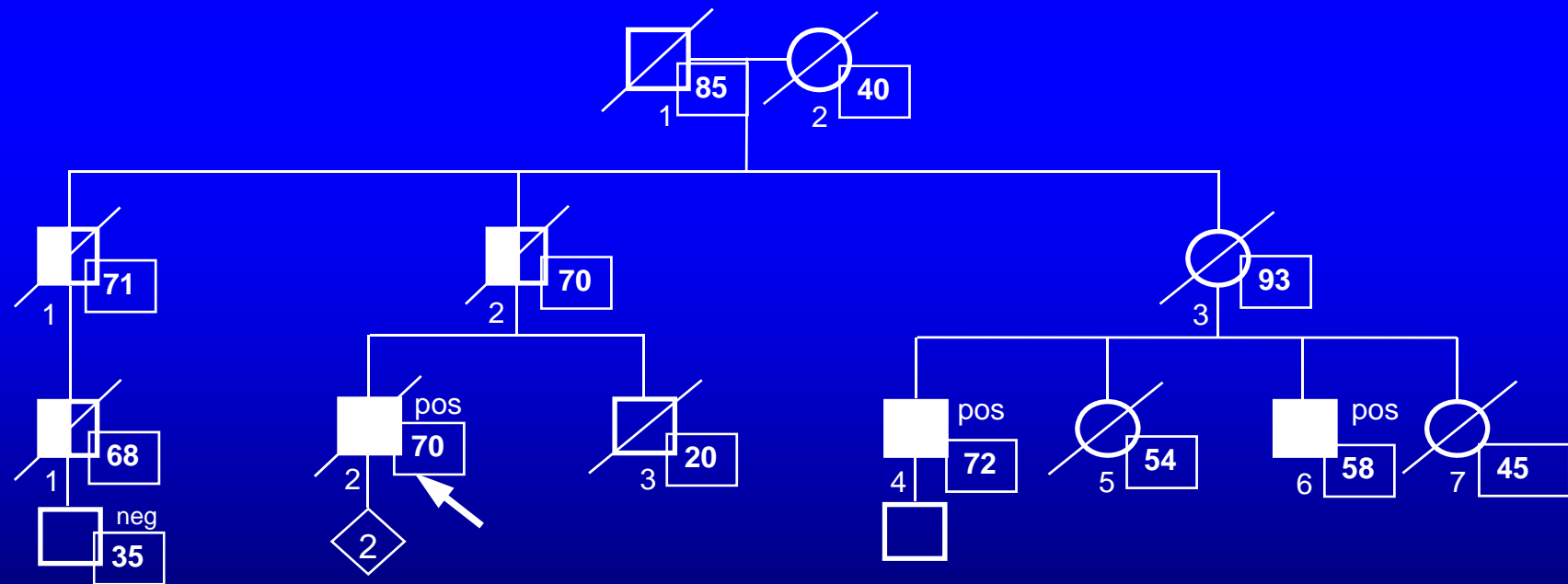
- generally high proportion of „spontaneous“ cases:  
In French pts 65% with negative family history!
- low penetrance in Swedish patients:

by age 60 yrs:	22 %
by age 90 yrs:	69 %

*Therefore: numerous isolated cases!*

# Familial transthyretin amyloidosis (ATTR)

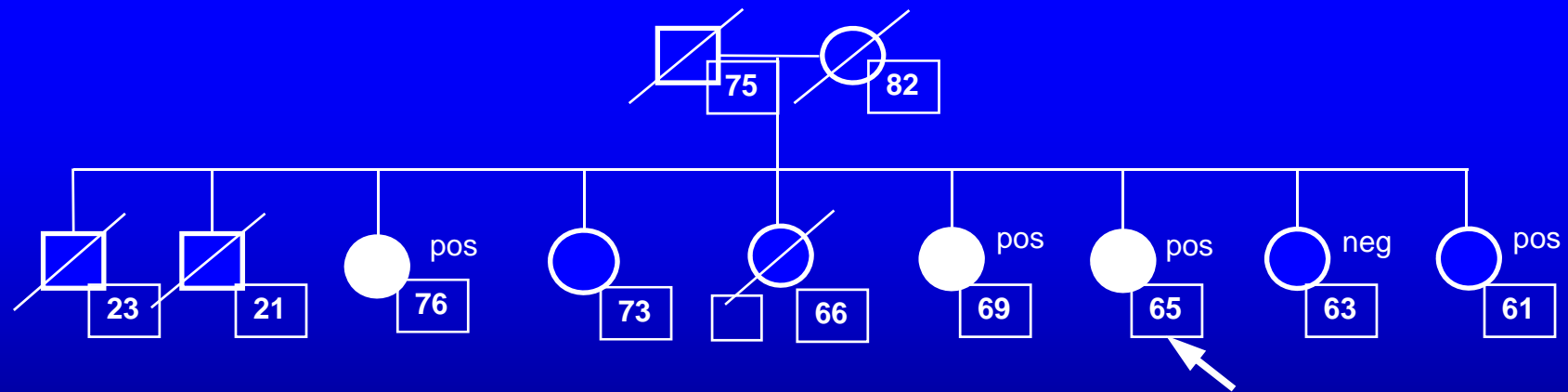
Clinics: Tree of a TTR-Val107 family



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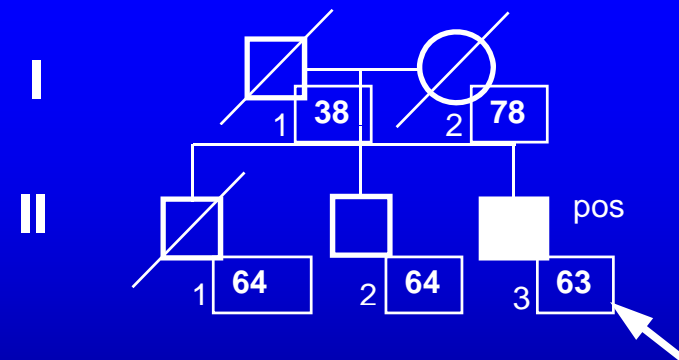
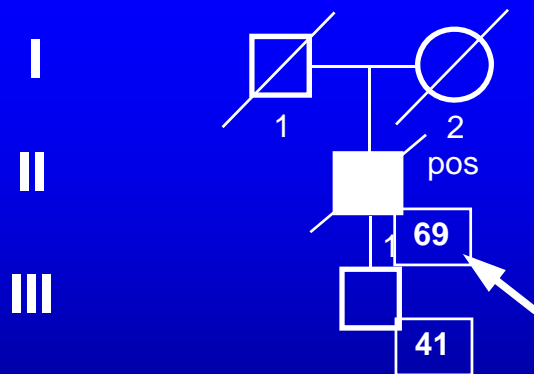
Clinics: Tree of a TTR-Val107 family



# Familial transthyretin amyloidosis (ATTR)

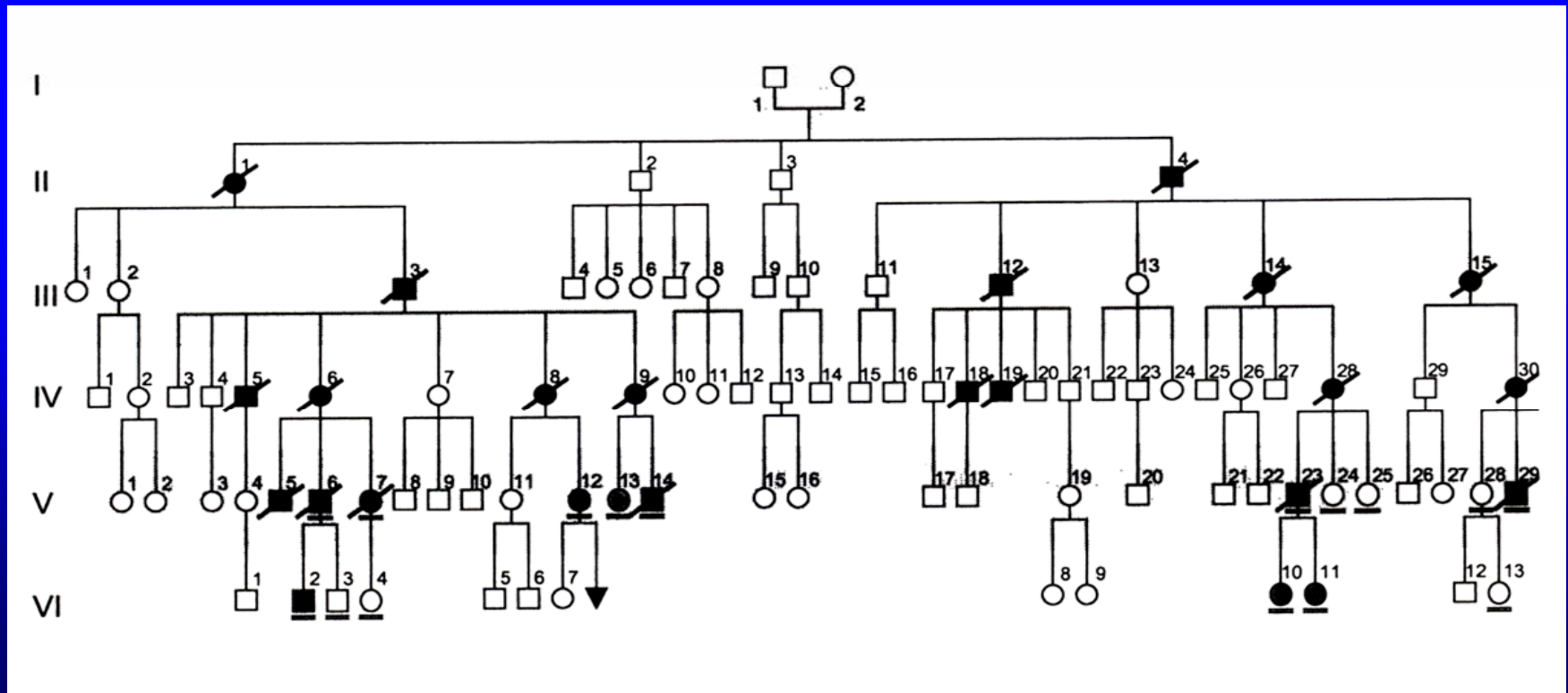
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Clinics: Trees of singular TTR-Val107 probands



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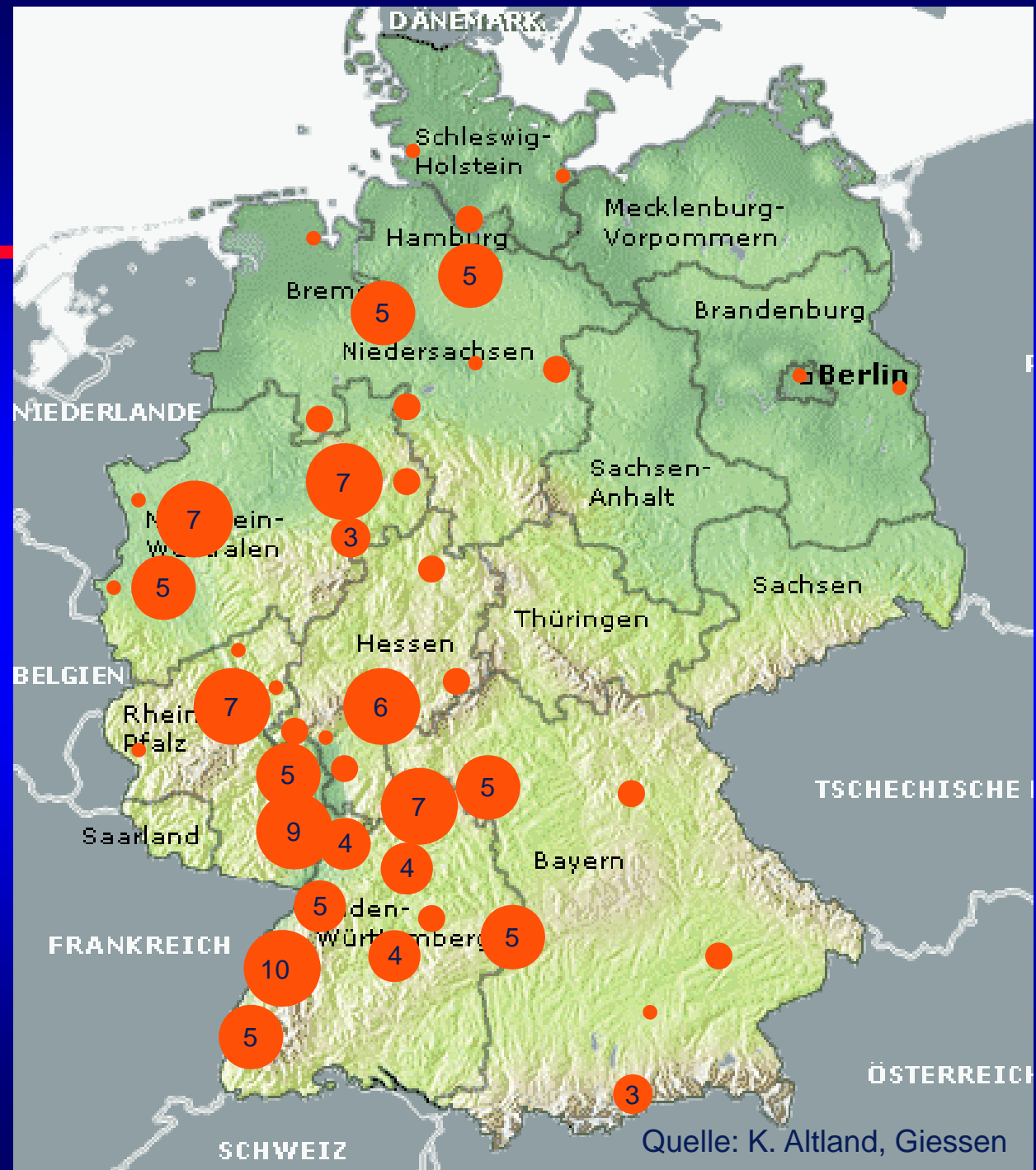
*Tree of a large family with the TTR-Met30 mutation*



Quelle:  
Prof. Willig

# TTR mutations

## Geographical distribution in GER



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*Geographical distribution of hitherto identified cases:*



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## Prognosis:

Survival time: 5-15 yrs (P), 10-15 yrs (S)

Cause of death: Cachexia or cardiac crisis



# Familial transthyretin amyloidosis (ATTR)

## Therapy:

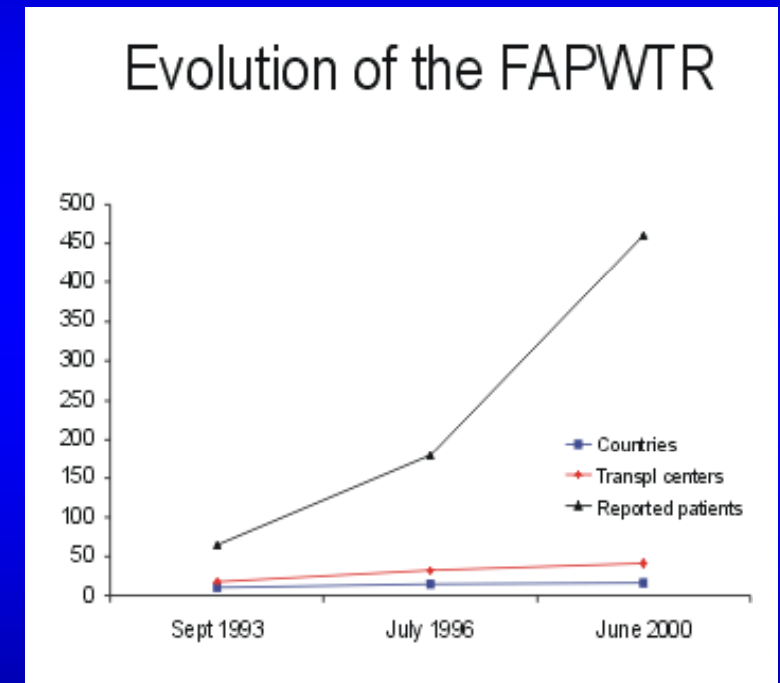
Liver transplantation (OLT)

## *Rationale:*

Elimination of the main production site of variant TTR

Actually 110 OLTs/yr

By now over 1500 OLTs worldwide



Source: World Transplant Registry ([www.fapwtr.org](http://www.fapwtr.org))

# Familial transthyretin amyloidosis (ATTR)

## Therapy:

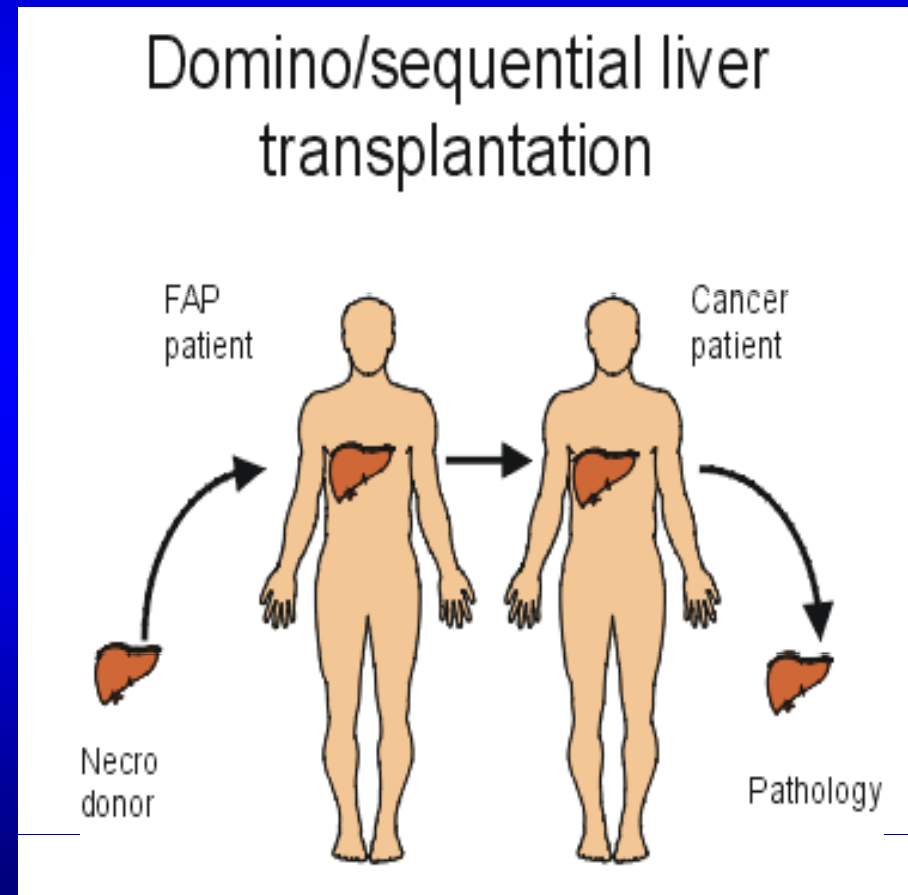
liver transplantation (OLT)

## *Technique:*

Domino-Tx,  
today app. 80 DLTs/yr

## *Risk:*

TTR amyloidosis in the recipient  
after 20 - 30 yrs possible

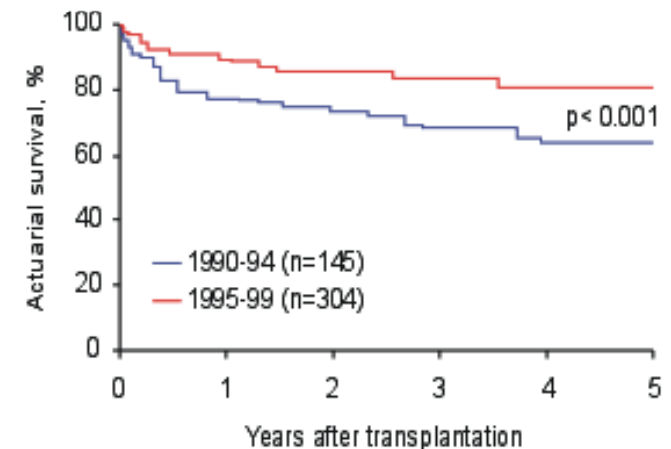


# Familial transthyretin amyloidosis (ATTR)

Therapy: liver transplantation

*Outcome:*  
5-year survival time with today's  
OP techniques and strategies  
excellent

Patient Survival by Era of Tx



Source: World Transplant Registry ([www.fapwtr.org](http://www.fapwtr.org))

# Familial transthyretin amyloidosis (ATTR)

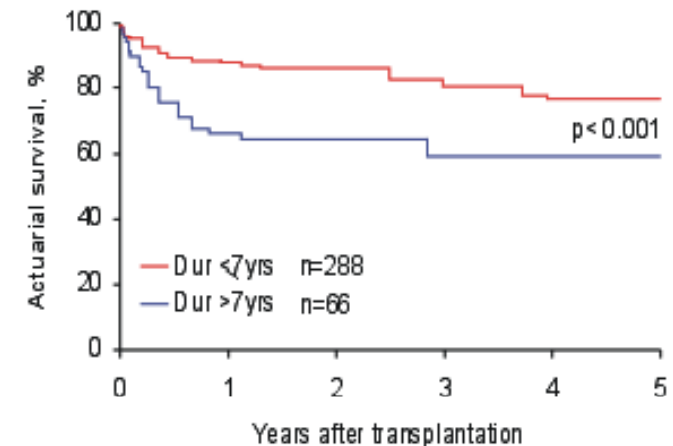
## Therapy: liver transplantation

### *Outcome:*

dependent of

- duration of symptoms
- i.e. with late operation prognosis is worse

## Patient Survival and Duration of Symptoms



Source : World Transplant Registry ([www.fapwtr.org](http://www.fapwtr.org))

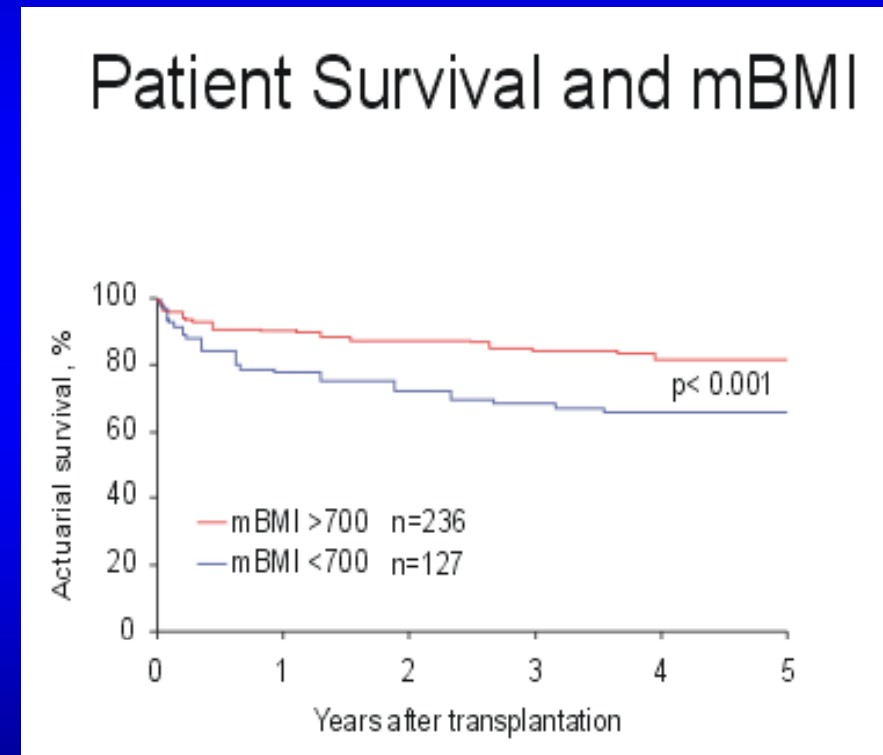
# Familial transthyretin amyloidosis (ATTR)

Therapy: liver transplantation

*Outcome:*

dependent of

- Body mass index
- i.e. with late operation prognosis is worse



Source: World Transplant Registry ([www.fapwtr.org](http://www.fapwtr.org))

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## Conclusions

- 1) Hereditary TTR amyloidoses are systemic disorders with
  - rapidly progressing, invalidating motor-sens.-autonome PNP
  - cardiac involvement limits outcome
  - isolated cardiac amyloidosis is typical of several mutations
- 2) TTR amyloidoses are characterized by two different age peaks (early vs. late onset / Portuguese vs. Swedish type)
- 3) Family history is frequently negative
- 4) Early liver Tx is the only available therapy